

Texas Medicaid and Housing

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Overview

- What is Medicaid?
- Medicaid Governing Framework
- Texas Medicaid Services
- Medicaid Managed Care
- Texas Medicaid and Housing Supports
- Managed Care Organization (MCO) Screening Requirements
- H.B. 1575 Texas Legislature 88th Regular Session
- Non-Medical Drivers of Health Action Plan



What is Medicaid?

Health and Human Services

- Medicaid is an entitlement program
- Federal funding is open ended to provide eligible services to eligible persons
- A health care and long-term services program for certain groups of low-income persons
- Serves children and their caretakers, pregnant women, and individuals over age 65 or those with disabilities

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Medicaid Governing Framework

- Medicaid is a jointly funded state-federal program that provides medical coverage to eligible needy persons
- Federal laws and regulations outline requirements
- Basic principles for Medicaid were established by the Social Security Act
- The Centers for Medicare & Medicaid Services (CMS) is the agency within the U.S. Department of Health and Human Services that oversees the Medicaid Program
- Federal regulations require each state designate a single state agency responsible for the program



Medicaid Governing Framework (cont.)

- The Medicaid State Plan is a dynamic document that serves as a contract between the states and CMS
- States can apply to CMS through waivers to test new ways to deliver and pay for services not allowed under the Medicaid State Plan

Texas Medicaid Services

Types of Services:

- Acute care
- Long-term services and supports (LTSS)
- Behavioral health services
- Prescription drugs
- Non-emergency medical transportation (NEMT)

Two Models of Service Delivery:

- Fee-for-service (FFS)
- Managed care

Health and Human

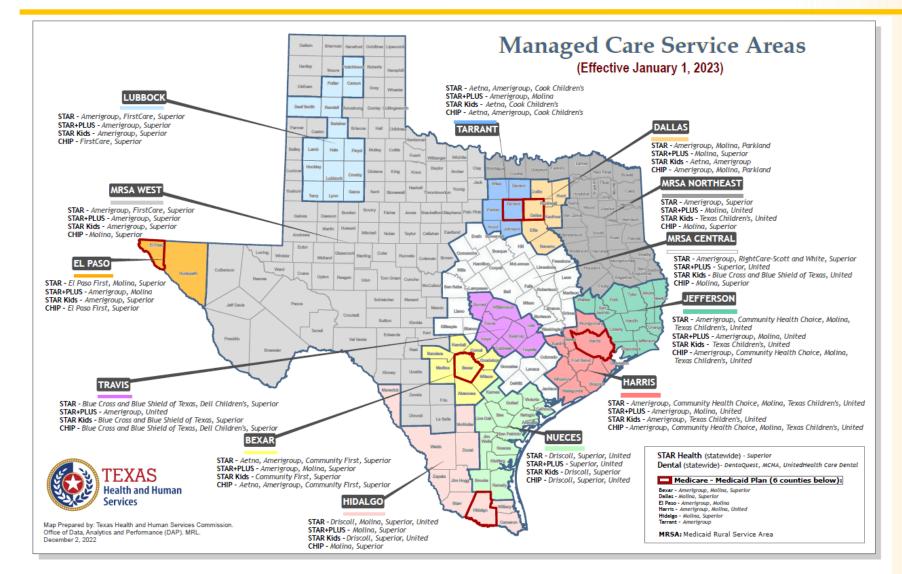
Services



Program Name	Population Served
STAR	Children, newborns, pregnant women, and some TANF-level families
STAR+PLUS	People with a disability or people who are age 65 or older; and women with breast or cervical cancer
Medicare- Medicaid Plan (MMP)	People who are eligible for both Medicare and Medicaid, also known as 'dual eligibles'
STAR Kids	Children and adults 20 or younger with a disability
STAR Health	Serves children in the conservatorship of the Department of Family and Protective Services
Dental	For most children and young adults enrolled in Medicaid



Medicaid Service Delivery Map



Medicaid and Housing Supports

- Federal law prohibits Medicaid funds being used for room and board or housing
- Medicaid can offer housing supports, also referred to as tenancy supports



Texas Medicaid and Housing Supports

- State plan services
- Home and community-based services (HCBS)
 - Example, STAR+PLUS HCBS
- STAR+PLUS relocation
- Section 811
- Texas State Affordable Housing Corporation (TSAHC) Affordable Housing Partnership
- 1915(i) State Plan Home and Community-based Services Adult Mental Health (AMH) Program



State Plan Services

- Mental health rehabilitative services and targeted case management services
- Community First Choice



STAR+PLUS HCBS

- STAR+PLUS HCBS supports members in maintaining their housing, such as:
 - minor home modifications
 - respite
 - home delivered meals
 - adaptive aids and medical supplies
 - emergency response services
 - transition assistance services
- STAR+PLUS HCBS covers community residential services such as assisted living facility services and adult foster care



STAR+PLUS Service Coordination & Relocation

- MCO service coordination must coordinate covered and non-covered services and make referrals to community organizations
- STAR+PLUS MCO service coordinators and relocation specialists assist nursing facility residents transitioning to the community
- Relocation services include: assessing housing goals, identifying housing, assistance with housing applications, arranging donation and purchase of items needed to establish a new household, and monitoring of the member for up to 90 days after moving into the community to ensure a successful transition

Health and Human Services

Section 811 Partnership

- Partnership with the Texas Department of Housing and Community Affairs
- STAR+PLUS relocation specialist and MCO service coordinators also connect eligible nursing facility residents with Money Follows the Person and Section 811 Project Rental Assistance programs





TSAHC Affordable Housing Partnership

- HHSC uses Money Follows the Person rebalancing funds to incentivize private developers to set aside affordable housing units for people transitioning from:
 - nursing facilities,
 - state supported living centers or
 - intermediate care facilities for individuals with intellectual disabilities or related conditions.

1915(i) State Plan HCBS AMH Program

- Provides HCBS to adults with serious mental illness.
- Services designed to support long-term recovery from mental illness.
- Three eligibility groups:
 - Long-term psychiatric hospitalization
 - Jail diversion
 - Emergency room diversion
- Housing-related supports available under this program such as:
 - Assisting in resolving disputes with landlords or neighbors
 - Advocacy/linkage with community resources to prevent eviction
 - Coordinating with the tenant to review and update their individual recovery plan (includes plans for housing supports, as needed)
 - Assists in identifying services that can assist with moving costs and one-time expenses



MCO Screening Requirements

Current:

 Encourage reporting of ICD-10 Z-codes for STAR+PLUS members

Upcoming:

 STAR+PLUS: emphasis on assessing, addressing, and tracking referrals for health-related social needs and caregiver supports

TEXAS Health and Human Services

H.B. 1575 Texas Legislature 88th Regular Session





MCOs and Thriving Texas Families (TTF) screen pregnant women for nonmedical healthrelated needs and coordinate services

Pregnant women must opt-in



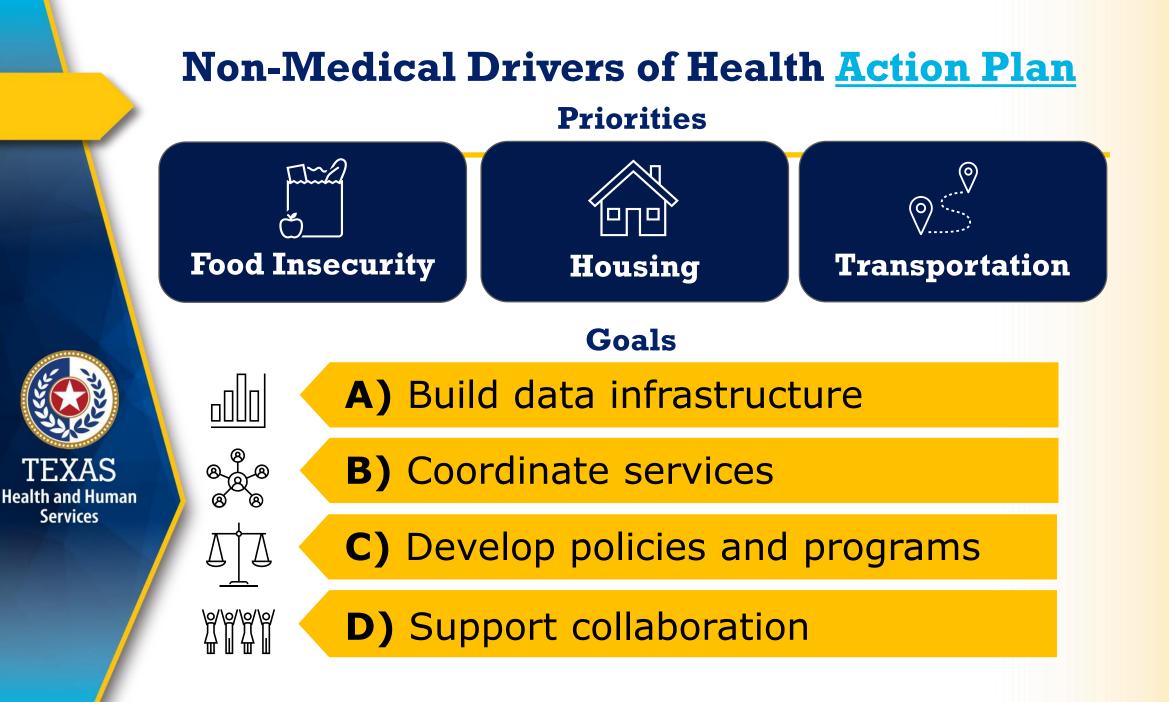
MCOs and TTF share results with HHSC



Community health workers (CHW) and doulas as new providers of Medicaid case management for Children and Pregnant Women (CPW) services

Revised provider training for CPW services

Reports sent to the Legislature every two years





Thank you!



TEXAS DEPARTMENT OF HOUSING AND COMMUNITY AFFAIRS

www.tdhca.state.tx.us

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Writer's direct dial: (512) 475-0306 Email: <u>Nathan.Darus@tdhca.state.tx.us</u>

RE: 2024 STATE OF TEXAS ANALYSIS OF IMPEDIMENTS TO FAIR HOUSING CHOICE EARLY INPUT

Greetings:

The State of Texas is beginning work on the 2024 Analysis of Impediments to Fair Housing Choice (AI) planning document which guides the state's affordable housing strategy for the next five years. This is a process required of recipients of U.S. Department of Housing and Urban Development (HUD) Community Planning and Development grant funds as part of their obligation to undertake affirmatively further fair housing (AFFH) under the Fair Housing Act. The Texas Department of Housing and Community Affairs (TDHCA) is the agency in Texas that is primarily responsible for creating the AI. In an effort to allow Texans to participate in the planning process, the State, through TDHCA, is soliciting early input and consultation that will inform the drafting of this document.

Any preliminary feedback will not constitute official public comment at this point in time, as a formal public comment period will occur later in the creation of the AI. It is possible that comment made at this initial phase may not necessarily be addressed in the draft AI and the State is under no obligation to provide reasoned responses. It should be noted that providing input on the AI will mean that you consent to the substance of your input being available for public viewing. Any input provided may also be accessible to the general public but personal information, like names, email addresses, or phone numbers will not be released. Feedback provided may also be used as input for the upcoming State of Texas 2025-2029 Consolidated Plan which is a similarly required HUD planning document.

For reference, the 2019 AI is available here: (<u>https://www.tdhca.state.tx.us/fair-housing/analysis-impediments.htm</u> and the 5-Year Consolidated Planning documents may be viewed here: <u>https://www.tdhca.state.tx.us/housing-center/pubs-plans.htm</u>

You may submit written comment by any of the methods stated below:

- Using the following link to access an early input form: <u>https://forms.office.com/g/BfvVqfMyU5</u>
- Using the attached QR code to access an early input form



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- Emailing: <u>fair.housing@tdhca.state.tx.us</u>
- Mailing to the following address:

TDHCA Fair Housing c/o Housing Resource Center P.O. BOX 13941 Austin, TX 78711-3941

Sincerely,

Nathan Darus Fair Housing Coordinator

Attachment 1: QR code for early input

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